MANHATTAN RESTORATIVE HEALTH SCIENCES™

Dr. Tim Canty M.D.
Double-Board Certified Pain Management Specialist
Comprehensive Spine and Pain Center of New York
917-524-7246 / MRHSclinics.com

PRE-PROCEDURE INFORMATION

1. You MUST have a designated driver to take you home. If there is any possible issue with a driver, speak to the office staff about arranging transportation for you.

2. If you are taking a 'BLOOD THINNER' (Plavix, Coumadin, Lovenox, Ticlid, Aggrenox are some examples) make sure your doctor is aware EVERY VISIT. You will need your physician who is writing the medications (Cardiologist, Neurologist, etc) to complete the "Request to Stop Anticoagulants" form from our office. You do not need to stop Aspirin.

3. If you think you may be pregnant or are trying to get pregnant you must let the staff know. You will be administered a urine pregnancy test prior to any procedure.

4. You may take any prescription medications the day of the procedure with sips of water. ** Diabetic patients: Do not take any insulin prior to coming to the clinic. Please bring your insulin testing supplies with you. **Asthma patients: Please bring your inhaler(s).

5. Take nothing by mouth after midnight the night before your procedure. If your procedure is in the afternoon, you may have a light breakfast until 8 am, after which you should not take anything by mouth for 6 hours before your injection.

6. We advise you to arrive to the clinic at least 15 minutes prior to your scheduled procedure time. Call at least 24 hours prior to procedure if you need to cancel. If you are more than 15 minutes late then you will have to wait until the next opening in the procedure schedule to have your procedure.

7. You do not need anesthesia/sedation for the procedure but it is available. You will still need a designated driver if you do not receive sedation. Please notify the staff of your preference.

8. To maintain cleanliness of the injection site, please bath or shower the night before or the morning of your procedure. Wear loose fitting, comfortable clothing that can easily be stored.